



# How To.... Self-Binding

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Modern sewing patterns for Mom & Baby

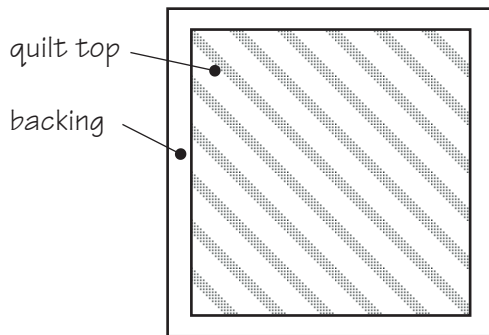
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## Step 1

Center Quilt Top right side up on wrong side of Quilt Backing.

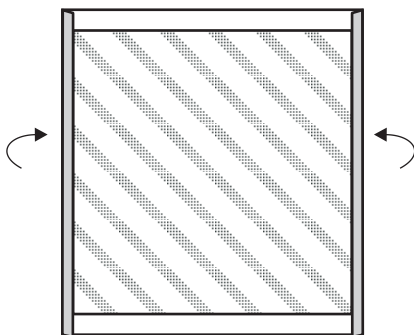
You should have a uniform border of Backing fabric all around the Quilt Top. If it's not uniform, trim quilt Backing accordingly.

Pin through all layers to secure.



## Step 2

Fold Backing fabric on left and right sides so that the edge of the Backing fabric meets the edge of the Quilt Top. Press.



Fold left and right edges of Backing fabric again over Quilt Top. Press.

### Key



Backing Right Side



Backing Wrong Side

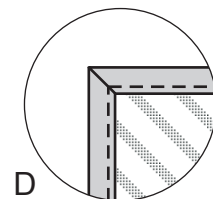
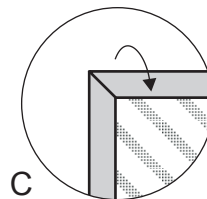
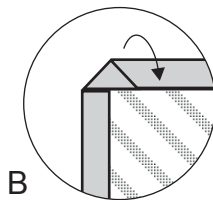
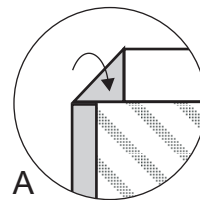


Quilt Top Right Side

## Step 3

Make mitered corners as follows:

- Fold corner at 45 degree angle, as shown (A).
- Fold top edge of Backing fabric down to meet edge of Quilt Top (B).
- Fold Backing fabric down again, over Quilt Top as in Step 2 (C).
- Repeat for remaining corners. Pin as needed.
- Top stitch through all layers, close to folded edge of Backing fabric (D).
- Press.



Use this technique to make the changing mat for our Grab 'n' Go Diaper Clutch, Pattern #104!

[www.sewfun.com/patterns/grab-n-go-diaper-clutch/](http://www.sewfun.com/patterns/grab-n-go-diaper-clutch/)